

Safeguarding and Welfare Requirement: Health

Providers must ensure there are suitable hygienic changing facilities for changing any children who are in nappies.

6.4 Intimate Care

Policy statement

No child is excluded from participating in our setting who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent. We work with parents towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time.

We provide nappy changing facilities and exercise good hygiene practices in order to accommodate children who are not yet toilet trained.

We see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults.

Procedures

- Our staff have a daily list of children in nappies and change nappies according to this schedule, or more frequently where necessary.
- We advise parent/carers to dress children in clothing which is easy for them to remove when toilet training (dungarees, tights, belts and buttons etc can be a challenge!)
- Babies and young children are changed within sight of other staff whilst maintaining their dignity and privacy at all times.
- Our changing area is warm, with a safe area to lay children and no bright lights shining down in their eyes.
- Parents/Carers are asked to provide nappies and wipes and all children are expected to have a full change of clothes every day.
- Each child has their own bag from home to hand with their nappies or pull ups, changing wipes and a spare change of clothes.
- Our staff put on gloves (and aprons if necessary) before changing starts and the areas are prepared. The changing mat is wiped with anti-bacterial wipes freshly for each child.
- All our staff are familiar with our hygiene procedures and carry these out when changing nappies
- Our staff never turn their back on a child or leave them unattended whilst they are on the changing mat.
- We are gentle when changing; we avoid pulling faces and making negative comments about 'nappy contents'.
- We do not make inappropriate comments about children's genitals when changing their nappies.
- In addition, we ensure that nappy changing is relaxed and a time to promote independence in young children.

- We encourage children to take an interest in using the toilet; they may just want to sit on it and talk to a friend who is also using the toilet.
- We encourage children to wash their hands, and have soap and towels to hand. They should be allowed time for some play as they explore the water and the soap.
- We do not use anti-bacterial hand wash liquid or soap for young children; young skin is quite delicate and anti-bacterial products kill off certain good bacteria that children need to develop their own natural resistance to infection.
- Older children access the toilet when they have the need to and are encouraged to be independent.
- We dispose of nappies and pull ups hygienically. Any soil (faeces) in nappies or pull ups is flushed down the toilet and the nappy or pull up is bagged and put in the bin. Cloth nappies, trainer pants and ordinary pants that have been wet or soiled are rinsed, bagged and labelled for parents to take home.
- We have a 'duty of care' towards children's personal needs. If children are left in wet or soiled nappies/pull ups in the setting this may constitute neglect and will be a disciplinary matter.
- The key person talks to a new parent/carer about their child's stage of toilet training and highlights this policy and the need for good communication between home and setting during the 'all about me' meeting.
- We have several advice leaflets on how to know when your child is ready, should parents require, and have good links with Withycombe Clinic and the Health Visitors if parents ask. We have a regular visit from the Bladder and Bowel nurse for a parent information session.
- We keep a list of all intimate care carried out, by whom and when

Adopted on:	24 th September 2014		
Review annually in January		January 2016	
		9.01. 2017 minor amendments	
		9.01.19	